

## Birmingham Metro South MS Meet 3A 2023 - 3/21/2023

Sponsored by Helena MS

Helena HS Track

## Meet Program - Running Events

## Event 105 Girls 1600 Meter Run

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Kate McKinnon	Pizitz	5:51.34
2	Laura Rodgers	Oak Mountain	5:53.60
3	Amelia Vann	Simmons Midd	5:58.72
4	Mary Casen Holden	Bumpus Middl	5:59.24
5	Colbie Holley	Pizitz	7:03.63
6	Veronica Zhang	Pizitz	7:40.79
7	Anna Sophia Vakakes	Helena Middl	NT
8	Madeline Sirmon	Helena Middl	NT
9	Ximena Gutierrez	Pizitz	NT

## Event 205 Boys 1600 Meter Run

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Sawyer Burgess	Simmons Midd	4:58.80
2	Sam Trammell	Oak Mountain	4:59.52
3	Henry Bowden	Simmons Midd	5:01.06
4	Jamie McCarthy	Simmons Midd	5:02.51
5	Campbell Vick	Bumpus Middl	5:11.20
6	Braxton Noe	Oak Mountain	5:11.76
7	Wynn Andrews	Pizitz	5:12.13
8	Zachary Joyce	Oak Mountain	5:13.09
9	Ryan Casey	Oak Mountain	5:14.59
10	Baden Habegger	Bumpus Middl	5:15.71
11	Jacob Smitherman	Oak Mountain	5:18.51
12	Camp Herndon	Helena Middl	5:23.47
13	Hazen Combs	Bumpus Middl	5:31.73
14	Ezra Booher	Pizitz	5:35.93
15	Asa Stout	Pizitz	5:36.57
<b>Section 2 of 2 Finals</b>			
1	Domingo Sebastian	Simmons Midd	5:41.12
2	Zackary Tracy	Bumpus Middl	5:44.99
3	Bobby Ross	Bumpus Middl	5:49.17
4	Reid Wilson	Bumpus Middl	5:50.30
5	Tanner Paganelli	Thompson Mid	5:54.25
6	Gray Latham	Pizitz	6:02.47
7	John Bryan Ennis	Pizitz	6:09.53
8	Ryan McKelvey	Pizitz	6:09.91
9	Cameron Allee	Helena Middl	6:17.58
10	Jacob Harrison	Simmons Midd	6:30.01
11	Luke Burns	Bumpus Middl	6:33.22
12	Jacob Young	Helena Middl	6:50.85
13	Aaron Davis	Simmons Midd	7:17.62
14	Samuel Hannum	Helena Middl	8:00.83
15	Ty Hunter	Oak Mountain	NT
16	Garrett Jones	Pizitz	NT

## Event 107 Girls 100 Meter Hurdles

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time
<b>Section 1 of 3 Finals</b>			
1	Cailyn Landrew	Thompson Mid	20.13
2	Karmen Williams	Thompson Mid	19.55
3	Heidi Street	Oak Mountain	18.46
4	Abigail King	Simmons Midd	16.94
5	Reagan Davis	Bumpus Middl	17.49
6	Valentina Miranda	Bumpus Middl	19.10
7	Evie Brown	Bumpus Middl	20.07
8	Haya Patel	Bumpus Middl	20.15
<b>Section 2 of 3 Finals</b>			
2	Asia Nguyen	Bumpus Middl	21.19
3	Sydney Sedame	Thompson Mid	20.97
4	Anna Frances Brocato	Bumpus Middl	20.29
5	Shelby Benoit	Simmons Midd	20.55
6	Genevieve Gammill	Pizitz	21.17
7	Molly Stewart	Pizitz	21.66
<b>Section 3 of 3 Finals</b>			
2	Isabella Chen	Bumpus Middl	27.15
3	Collins Sinclair	Oak Mountain	22.18
4	Evelyn Plant	Pizitz	21.75
5	Nicole Gomez	Bumpus Middl	22.09
6	Ellie Ness	Simmons Midd	22.62
7	Kristyna Helova	Simmons Midd	NT

## Event 207 Boys 110 Meter Hurdles

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time
<b>Section 1 of 4 Finals</b>			
1	Brooks McInnis	Pizitz	23.06
2	Isaiah Slaughter	Oak Mountain	21.90
3	Baker Huntley	Pizitz	20.19
4	Tyler Bradshaw	Pizitz	18.82
5	Charlie Blair	Pizitz	19.76
6	Porter Hottle	Pizitz	21.07
7	Max Martinez	Pizitz	21.96
8	J d Watkins	Pizitz	23.29
<b>Section 2 of 4 Finals</b>			
1	Juan Bautista	Simmons Midd	NT
2	Aiden Click	Simmons Midd	NT
3	KJ Wright	Simmons Midd	NT
4	Noah Maldonado	Simmons Midd	NT
5	Graham Lockhart	Bumpus Middl	NT
6	Kali Boatman	Bumpus Middl	NT
7	Anquan Allen	Bumpus Middl	NT
8	Jackson Robichaud	Bumpus Middl	NT

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**Meet Program - Running Events**

**Section 3 of 4 Finals...(Event 207 Boys 110 Meter Hurdles)**

1	Luke Burns	Bumpus Middl	NT	_____
2	Paxton Steed	Simmons Midd	NT	_____
3	Conner Williams	Thompson Mid	NT	_____
4	William Gilford	Bumpus Middl	NT	_____
5	Jake Woods	Bumpus Middl	NT	_____
6	Darion Moseley	Bumpus Middl	NT	_____
7	David McBrayer	Pizitz	NT	_____

**Section 4 of 4 Finals**

2	Lance Lee	Thompson Mid	NT	_____
3	Christopher Lawley	Bumpus Middl	NT	_____
4	Bryce Menzter	Bumpus Middl	NT	_____
5	Ashtyn King	Simmons Midd	NT	_____
6	Nathan Afanador	Bumpus Middl	NT	_____

**Event 109 Girls 4x100 Meter Relay**

**Tuesday 3/21/2023 - 4:15 PM**

Lane	Team	Relay	Seed Time	
<b>Section 1 of 1 Finals</b>				
1	Bumpus Middl	B	NT	_____
2	Oak Mountain		59.33	_____
3	Pizitz		56.27	_____
4	Bumpus Middl		51.89	_____
5	Simmons Midd		55.88	_____
6	Helena Middl		57.00	_____
7	Thompson Mid		NT	_____
8	Pizitz	B	NT	_____

**Event 209 Boys 4x100 Meter Relay**

**Tuesday 3/21/2023 - 4:15 PM**

Lane	Team	Relay	Seed Time	
<b>Section 1 of 2 Finals</b>				
2	Simmons Midd		49.67	_____
3	Pizitz		48.05	_____
4	Thompson Mid		47.18	_____
5	Oak Mountain		47.64	_____
6	Bumpus Middl		48.37	_____
7	Helena Middl		52.47	_____
<b>Section 2 of 2 Finals</b>				
2	Oak Mountain	B	NT	_____
3	Bumpus Middl	B	NT	_____
4	Pizitz	B	NT	_____
5	Helena Middl	B	NT	_____
6	Pizitz	C	NT	_____

**Event 103 Girls 400 Meter Dash**

**Tuesday 3/21/2023 - 4:15 PM**

Lane	Name	School	Seed Time	
<b>Section 1 of 7 Finals</b>				
1	Asia Irby	Helena Middl	1:09.54	_____
2	Amelia Vann	Simmons Midd	1:06.59	_____
3	Ryleigh Williams	Bumpus Middl	1:05.17	_____
4	Cassie Richardson	Bumpus Middl	1:03.56	_____
5	Ella Grace Stricklin	Pizitz	1:04.99	_____
6	Ryan De los santos	Oak Mountain	1:05.59	_____
7	Riley Leckemby	Oak Mountain	1:07.96	_____
8	Cadence Olson	Oak Mountain	1:09.56	_____
<b>Section 2 of 7 Finals</b>				
1	Aubrey Greene	Thompson Mid	1:12.41	_____
2	Jada Morris	Helena Middl	1:11.94	_____
3	Abbie Jin	Bumpus Middl	1:10.55	_____
4	Allie-Brynn Morrow	Oak Mountain	1:09.72	_____
5	Corrie Bennett	Bumpus Middl	1:09.83	_____
6	Ashlyn Ardivino	Helena Middl	1:10.65	_____
7	Elodie Graham	Simmons Midd	1:12.16	_____
8	Sabrina Mukhtar	Pizitz	1:12.67	_____
<b>Section 3 of 7 Finals</b>				
1	Lila Kate Oakley	Bumpus Middl	1:14.71	_____
2	Adley Reneau	Thompson Mid	1:14.23	_____
3	Khalaya Ruffin	Simmons Midd	1:13.08	_____
4	Raegan Cottingham	Helena Middl	1:13.08	_____
5	Jaid Spears	Helena Middl	1:13.08	_____
6	Emma Harper	Pizitz	1:13.48	_____
7	Ava Pharo	Simmons Midd	1:14.51	_____
8	Ayana Sato	Oak Mountain	1:14.81	_____
<b>Section 4 of 7 Finals</b>				
1	Aliya Davito	Oak Mountain	1:17.04	_____
2	Anna Bomar	Simmons Midd	1:16.83	_____
3	Anabelle Williams	Oak Mountain	1:15.72	_____
4	Ruthie Wilbanks	Simmons Midd	1:14.83	_____
5	Mary-Kate Griffice	Helena Middl	1:15.39	_____
6	Kate Minor	Simmons Midd	1:16.41	_____
7	Eden Steele	Helena Middl	1:16.90	_____
8	Abigail Arnold	Oak Mountain	1:17.21	_____
<b>Section 5 of 7 Finals</b>				
1	Juliana Mize	Pizitz	1:20.47	_____
2	Addison Pharo	Simmons Midd	1:19.01	_____
3	Addison Pearson	Thompson Mid	1:18.47	_____
4	Charleigh Wood	Oak Mountain	1:17.29	_____
5	Anne Grace Corley	Pizitz	1:18.45	_____
6	Rileigh Suns	Helena Middl	1:18.93	_____
7	Addison Zobelein	Thompson Mid	1:19.23	_____
8	Sloane Douglass	Thompson Mid	1:21.59	_____

## Birmingham Metro South MS Meet 3A 2023 - 3/21/2023

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Helena HS Track

## Meet Program - Running Events

## Section 6 of 7 Finals...(Event 103 Girls 400 Meter Dash)

2	Veronica Zhang	Pizitz	1:26.68	_____
3	Colbie Holley	Pizitz	1:25.18	_____
4	Jannah Edwards	Helena Middl	1:22.96	_____
5	Caroline Williams	Oak Mountain	1:24.00	_____
6	Cadence Jordan	Helena Middl	1:25.58	_____
7	Anna Kate Ferrell	Oak Mountain	1:27.14	_____

## Section 7 of 7 Finals

2	Jada Harris	Helena Middl	NT	_____
3	Sally Ferrell	Thompson Mid	NT	_____
4	Mckenzie Guin	Thompson Mid	NT	_____
5	Sydney Coney	Thompson Mid	NT	_____
6	Avery Allen 7	Pizitz	NT	_____
7	Kathyrn Miller	Pizitz	NT	_____

## Event 203 Boys 400 Meter Dash

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time	
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## Section 1 of 9 Finals

1	Judah Metcalf	Bumpus Middl	59.53	_____
2	Braxton Nickoles	Bumpus Middl	58.66	_____
3	Paxton Weatherly	Bumpus Middl	57.45	_____
4	Andrew Renfroe	Bumpus Middl	54.51	_____
5	Judson Harris	Bumpus Middl	55.44	_____
6	Pryce Smith	Oak Mountain	57.60	_____
7	Asa King	Simmons Midd	59.34	_____
8	Barrett Nix	Pizitz	1:00.46	_____

## Section 2 of 9 Finals

1	Luke Harper	Pizitz	1:03.04	_____
2	Eli Williamson	Thompson Mid	1:02.52	_____
3	Campbell Ramirez	Oak Mountain	1:01.30	_____
4	Will Davis	Simmons Midd	1:00.53	_____
5	Adam Bullen	Bumpus Middl	1:01.16	_____
6	Keigo Engel	Oak Mountain	1:01.93	_____
7	Brayden Jackson	Helena Middl	1:03.03	_____
8	Khai Coleman	Helena Middl	1:03.59	_____

## Section 3 of 9 Finals

1	Knox Thomas	Simmons Midd	1:05.25	_____
2	Lucas Arizimendi	Helena Middl	1:04.58	_____
3	Will Harrington	Simmons Midd	1:04.29	_____
4	Ezra Booher	Pizitz	1:04.02	_____
5	Jesse Criswell	Oak Mountain	1:04.06	_____
6	Josh Jeter	Bumpus Middl	1:04.47	_____
7	Matt Huffaker	Pizitz	1:05.12	_____
8	Cameron Maynard	Simmons Midd	1:05.52	_____

## Section 4 of 9 Finals

1	Jordan Reedy	Pizitz	1:07.38	_____
2	Evan Stidham	Simmons Midd	1:06.46	_____
3	Alan Sheng	Pizitz	1:06.14	_____
4	Brooks McInnis	Pizitz	1:05.89	_____
5	Stephon Ryan	Helena Middl	1:06.05	_____
6	Champ Lloyd	Thompson Mid	1:06.39	_____
7	Holden Naccari	Oak Mountain	1:06.98	_____
8	Collin Metge	Simmons Midd	1:07.75	_____

## Section 5 of 9 Finals

1	Luke McCammon	Thompson Mid	1:09.79	_____
2	Anthony Li	Pizitz	1:09.04	_____
3	Brandt Stevens	Simmons Midd	1:08.42	_____
4	Sam Johnson	Pizitz	1:07.84	_____
5	Malachi Neal	Thompson Mid	1:08.06	_____
6	Elijah Petit	Bumpus Middl	1:08.54	_____
7	Shea Brinkerhoff	Bumpus Middl	1:09.29	_____
8	Jaxson Pruett	Pizitz	1:09.81	_____

## Section 6 of 9 Finals

1	Wallace Johnson	Oak Mountain	1:11.14	_____
2	Waleed Arar	Simmons Midd	1:10.50	_____
3	Keegan Ryel	Oak Mountain	1:10.26	_____
4	Tyler Boyd	Bumpus Middl	1:10.00	_____
5	John Ryan Travis	Simmons Midd	1:10.10	_____
6	Jacob Harrison	Simmons Midd	1:10.39	_____
7	Trevor Lee	Simmons Midd	1:10.76	_____
8	Jackson Sharp	Helena Middl	1:11.29	_____

## Section 7 of 9 Finals

1	Hunter Holecambe	Thompson Mid	1:14.56	_____
2	Jack Goodman	Helena Middl	1:13.18	_____
3	Cole Henderson	Thompson Mid	1:12.15	_____
4	Griffin Chancey	Thompson Mid	1:11.37	_____
5	Patrick Thomas	Thompson Mid	1:11.65	_____
6	Karl Carlisle	Thompson Mid	1:12.36	_____
7	Kenyon Holifield	Thompson Mid	1:13.22	_____
8	John Bryan Ennis	Pizitz	1:14.63	_____

## Section 8 of 9 Finals

1	Caleb McMullin	Helena Middl	1:18.65	_____
2	Daniel Rutland	Oak Mountain	1:17.26	_____
3	Roma Bouranis	Simmons Midd	1:15.67	_____
4	Noah Wade	Pizitz	1:15.13	_____
5	Price Ethridge	Pizitz	1:15.56	_____
6	Austin Bruce	Helena Middl	1:16.50	_____
7	Liam Tackett	Helena Middl	1:18.59	_____
8	Luke Zarichnak	Simmons Midd	1:18.90	_____

## Section 9 of 9 Finals

1	Caid Lewis	Oak Mountain	NT	_____
2	Spencer Kyle	Pizitz	NT	_____
3	Elijah Coleman	Helena Middl	1:24.64	_____
4	Luke McGraw	Thompson Mid	1:19.71	_____
5	Braylen Biggers	Helena Middl	1:24.23	_____
6	Miller Creed	Simmons Midd	1:31.55	_____
7	William Davis	Helena Middl	NT	_____

## Birmingham Metro South MS Meet 3A 2023 - 3/21/2023

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Helena HS Track

## Meet Program - Running Events

## Event 101 Girls 100 Meter Dash

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time
<b>Section 1 of 11 Finals</b>			
1	Karmen Williams	Thompson Mid	14.20
2	Jannah Edwards	Helena Middl	14.13
3	Jade Abreu	Oak Mountain	13.69
4	Jacqueline Stone	Bumpus Middl	13.26
5	Amilia Walker	Thompson Mid	13.44
6	Sydney Coney	Thompson Mid	14.10
7	Ella Grace Stricklin	Pizitz	14.17
8	Asia Irby	Helena Middl	14.21
<b>Section 2 of 11 Finals</b>			
1	Anna Frances Brocato	Bumpus Middl	14.57
2	Ashlyn Ardivino	Helena Middl	14.49
3	Sydney Sedame	Thompson Mid	14.39
4	Jada Morris	Helena Middl	14.22
5	Kortni Files	Bumpus Middl	14.27
6	Skylar Hightower	Thompson Mid	14.46
7	Cailyn Andrew	Thompson Mid	14.53
8	Chloe Casey	Thompson Mid	14.59
<b>Section 3 of 11 Finals</b>			
1	Anna Bomar	Simmons Midd	14.88
2	Christian King	Simmons Midd	14.76
3	Jaycee Dandridge	Simmons Midd	14.69
4	Christi King	Simmons Midd	14.66
5	Krislyn Thomas	Pizitz	14.67
6	Khyli Hill	Thompson Mid	14.70
7	Brooke Clark	Bumpus Middl	14.83
8	Brooklyn Henderson	Bumpus Middl	14.92
<b>Section 4 of 11 Finals</b>			
1	Isabella Florez	Simmons Midd	15.18
2	Isabella Marimberga	Thompson Mid	15.13
3	Madison Mayfield	Thompson Mid	15.10
4	Anne Grace Corley	Pizitz	15.01
5	Eden Steele	Helena Middl	15.08
6	Emilee Tramell	Bumpus Middl	15.10
7	Hayden Paschel	Thompson Mid	15.14
8	Alexius Moore	Thompson Mid	15.20
<b>Section 5 of 11 Finals</b>			
1	Asia Nguyen	Bumpus Middl	15.53
2	Ellie Ness	Simmons Midd	15.49
3	Kami McCray	Simmons Midd	15.44
4	Cailyn Mentzer	Bumpus Middl	15.24
5	Abbie Jin	Bumpus Middl	15.42
6	Raylee Harris	Oak Mountain	15.44
7	Sofia Ye	Pizitz	15.50
8	Peyton Piazza	Oak Mountain	15.60

## Section 6 of 11 Finals

1	Miquela Flores	Simmons Midd	15.68
2	Mary-Kate Griffice	Helena Middl	15.65
3	Lauren Pickett	Bumpus Middl	15.61
4	Jakayla Allen	Simmons Midd	15.60
5	Yuri Glover	Simmons Midd	15.61
6	Eliza Feild	Pizitz	15.63
7	Addie Boyer	Oak Mountain	15.67
8	Elizabeth Aaron	Pizitz	15.70

## Section 7 of 11 Finals

1	McKenzie Crosby	Oak Mountain	16.15
2	Collins Sinclair	Oak Mountain	16.07
3	Amiyah Kelley	Thompson Mid	15.79
4	Jada Jones	Thompson Mid	15.73
5	Amariya Browder	Simmons Midd	15.74
6	Vanessa Maxwell	Pizitz	15.85
7	Alexa Thuo	Simmons Midd	16.11
8	Cadence Jordan	Helena Middl	16.23

## Section 8 of 11 Finals

1	Amelie Marietta-Tondin	Oak Mountain	16.58
2	Sarah Kate Skellie	Simmons Midd	16.41
3	Reese Mallette	Pizitz	16.36
4	Fiona Mallory	Oak Mountain	16.28
5	Ava Dean	Simmons Midd	16.31
6	Eyannah Jenkins	Oak Mountain	16.37
7	Kristyna Helova	Simmons Midd	16.45
8	Hadley Tanner	Simmons Midd	16.69

## Section 9 of 11 Finals

1	Ruthie Reed	Oak Mountain	17.19
2	Scarlet Mallory	Oak Mountain	17.00
3	Camila Salado	Simmons Midd	16.91
4	Angeles Apolinar	Oak Mountain	16.82
5	Yasmin Moultrie	Bumpus Middl	16.86
6	Paige Bowman	Simmons Midd	16.97
7	Emeline Bodenbun	Oak Mountain	17.18
8	Caroline Henry	Oak Mountain	17.29

## Section 10 of 11 Finals

1	Loreli Rodriguez	Simmons Midd	NT
2	Martina Mendoza	Oak Mountain	17.89
3	Janessa Windham	Oak Mountain	17.80
4	Amelia Duke	Pizitz	17.51
5	Anna Sophia Vakakes	Helena Middl	17.59
6	Maddie Flink	Pizitz	17.88
7	Bailey Mason	Pizitz	17.89
8	Amari Levett	Helena Middl	NT

## Section 11 of 11 Finals

1	Noemy Alvarez	Thompson Mid	NT
2	Taniya Burden	Simmons Midd	NT
3	Jada Harris	Helena Middl	NT
4	Molly Stewart	Pizitz	NT
5	Sofia La Rosa	Simmons Midd	NT
6	Ameya Barron	Thompson Mid	NT
7	Ryleigh Williams	Bumpus Middl	NT

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## Meet Program - Running Events

## Event 201 Boys 100 Meter Dash

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time
<b>Section 1 of 12 Finals</b>			
1	Cance Mills	Pizitz	12.15
2	Paxton Weatherly	Bumpus Middl	12.14
3	Andrew Renfroe	Bumpus Middl	12.01
4	Jordan Williams	Bumpus Middl	11.88
5	Rocky McKinnon	Bumpus Middl	11.98
6	Darion Moseley	Bumpus Middl	12.13
7	Cameron McKenzie	Thompson Mid	12.15
8	Ba'Roc Willis	Oak Mountain	12.21
<b>Section 2 of 12 Finals</b>			
1	Jacoby Studmire	Helena Middl	12.60
2	Tyler Boyd	Bumpus Middl	12.46
3	Tyler White	Thompson Mid	12.41
4	Trent McCorvey	Thompson Mid	12.31
5	Christian Watters	Simmons Midd	12.37
6	Gavin Lowrey	Thompson Mid	12.42
7	Jordon Ward	Simmons Midd	12.53
8	Daniel Richardson	Pizitz	12.64
<b>Section 3 of 12 Finals</b>			
1	Clayton Cherry	Oak Mountain	12.81
2	Isaiah Kenny	Helena Middl	12.78
3	Cedric Wade	Bumpus Middl	12.73
4	Micah Whittier	Thompson Mid	12.68
5	Markel McMullen	Simmons Midd	12.72
6	Askyrien Robinson	Bumpus Middl	12.76
7	Kolby King	Thompson Mid	12.80
8	Conner Williams	Thompson Mid	12.83
<b>Section 4 of 12 Finals</b>			
1	Malachi Neal	Thompson Mid	13.08
2	Lance Lee	Thompson Mid	12.99
3	Judah Metcalf	Bumpus Middl	12.94
4	Tyler Hall Yelling	Pizitz	12.84
5	Jake Hunter	Pizitz	12.85
6	Austin Moore	Helena Middl	12.94
7	Makian Stallings	Simmons Midd	13.07
8	Ja'Marion Johnson	Thompson Mid	13.10
<b>Section 5 of 12 Finals</b>			
1	Jayden Eggleston	Thompson Mid	13.29
2	Jack Sledge	Simmons Midd	13.16
3	Tayshaun Hunter	Simmons Midd	13.12
4	John Paul Schultz	Helena Middl	13.10
5	Logan Phelps	Oak Mountain	13.12
6	Brayden Jackson	Helena Middl	13.15
7	Connor Howell	Oak Mountain	13.22
8	Josiah Watts	Thompson Mid	13.30

## Section 6 of 12 Finals

1	Noah Bailey	Helena Middl	13.59
2	Tristan Mosley	Thompson Mid	13.53
3	Charles J Williams	Bumpus Middl	13.50
4	Turner Mann	Simmons Midd	13.42
5	Gavin Wood	Thompson Mid	13.44
6	Brooks Thurmond	Bumpus Middl	13.51
7	Dale Serrano	Pizitz	13.56
8	Mehkii Billingsley	Thompson Mid	13.61

## Section 7 of 12 Finals

1	Evan Stidham	Simmons Midd	14.35
2	Waleed Arar	Simmons Midd	14.13
3	Stephon Ryan	Helena Middl	13.88
4	Isaiah Carpenter	Bumpus Middl	13.71
5	Wolffe Brown	Pizitz	13.80
6	Homer Patterson	Simmons Midd	13.97
7	Hobbs Kelly	Oak Mountain	14.19
8	Faris Salameh	Simmons Midd	14.43

## Section 8 of 12 Finals

1	Ashton Lynn	Simmons Midd	14.66
2	Terrance Woods	Simmons Midd	14.57
3	Chris Peck	Oak Mountain	14.49
4	Mills Heard	Pizitz	14.45
5	William Davis	Helena Middl	14.48
6	Jack Schmotz	Oak Mountain	14.54
7	Conor Farr	Helena Middl	14.58
8	Broden Kelly	Oak Mountain	14.68

## Section 9 of 12 Finals

1	Tyler Dawson	Thompson Mid	14.99
2	Durand Yates	Pizitz	14.97
3	Jumari Hollis	Simmons Midd	14.74
4	Tyrinn Mealing	Thompson Mid	14.74
5	Prince Goode	Helena Middl	14.74
6	Aiden Click	Simmons Midd	14.78
7	Timothy Kirkland	Thompson Mid	14.97
8	Joseph Shephard	Simmons Midd	14.99

## Section 10 of 12 Finals

1	Eric Epps	Helena Middl	16.72
2	Robert Morin	Oak Mountain	15.74
3	Jaxson Pruet	Pizitz	15.46
4	Jonathan Hayes	Thompson Mid	15.05
5	Thatcher Gould	Pizitz	15.31
6	Robert Nelson	Pizitz	15.70
7	Javon Wairimu	Simmons Midd	16.59
8	Cade Brainard	Oak Mountain	16.89

## Birmingham Metro South MS Meet 3A 2023 - 3/21/2023

Sponsored by Helena MS

Helena HS Track

## Meet Program - Running Events

## Section 11 of 12 Finals...(Event 201 Boys 100 Meter Dash)

1	Elston Dacus	Bumpus Middl	NT	_____
2	Owen Chatterton	Simmons Midd	25.06	_____
3	Chase Lovell	Oak Mountain	20.47	_____
4	Ryan Holley	Pizitz	16.95	_____
5	Cayden Hansen	Bumpus Middl	17.05	_____
6	Ethan Lucas	Oak Mountain	22.55	_____
7	Tak Lee	Bumpus Middl	NT	_____
8	Kali Boatman	Bumpus Middl	NT	_____

## Section 12 of 12 Finals

1	Roma Bouranis	Simmons Midd	NT	_____
2	Juan Bautista	Simmons Midd	NT	_____
3	Eli Garlington	Pizitz	NT	_____
4	Graham Lockhart	Bumpus Middl	NT	_____
5	Braylen Biggers	Helena Middl	NT	_____
6	William Gilford	Bumpus Middl	NT	_____
7	Wynn Andrews	Pizitz	NT	_____

## Event 108 Girls 300 Meter Hurdles

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time	
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## Section 1 of 2 Finals

1	Elodie Graham	Simmons Midd	1:11.56	_____
2	Genevieve Gammill	Pizitz	1:01.90	_____
3	Joy Damron	Oak Mountain	54.52	_____
4	Riley Leckemby	Oak Mountain	52.48	_____
5	Abigail King	Simmons Midd	53.05	_____
6	Charleigh Wood	Oak Mountain	1:00.36	_____
7	Ruthie Wilbanks	Simmons Midd	1:11.55	_____

## Section 2 of 2 Finals

2	Valentina Miranda	Bumpus Middl	NT	_____
3	Ellie Ness	Simmons Midd	NT	_____
4	Reagan Davis	Bumpus Middl	NT	_____
5	Isabella Chen	Bumpus Middl	NT	_____
6	Pippa Gaiser	Bumpus Middl	NT	_____

## Event 208 Boys 300 Meter Hurdles

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time	
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## Section 1 of 4 Finals

1	Creed Booher	Pizitz	51.06	_____
2	KJ Wright	Simmons Midd	49.22	_____
3	Noah Maldonado	Simmons Midd	46.01	_____
4	Walker McInnis	Pizitz	44.47	_____
5	Pryce Smith	Oak Mountain	45.03	_____
6	Hudson Naile	Simmons Midd	48.11	_____
7	Cameron Maynard	Simmons Midd	49.55	_____
8	Will Davis	Simmons Midd	51.55	_____

## Section 2 of 4 Finals

2	Max Martinez	Pizitz	55.16	_____
3	David McBrayer	Pizitz	53.54	_____
4	Watts Ueltschey	Pizitz	52.17	_____
5	Benjamin Edwards	Pizitz	52.42	_____
6	Knox Thomas	Simmons Midd	54.55	_____
7	Cooper Bolt	Pizitz	59.73	_____

## Section 3 of 4 Finals

2	Garrett Vick	Bumpus Middl	NT	_____
3	Jake Woods	Bumpus Middl	NT	_____
4	Brooks McInnis	Pizitz	NT	_____
5	Nathan Afanador	Bumpus Middl	NT	_____
6	Bryce Menzter	Bumpus Middl	NT	_____
7	Trevor Lee	Simmons Midd	NT	_____

## Section 4 of 4 Finals

2	Luke Burns	Bumpus Middl	NT	_____
3	Surya Gupta	Simmons Midd	NT	_____
4	Christopher Lawley	Bumpus Middl	NT	_____
5	Aiden Click	Simmons Midd	NT	_____
6	Graham Lockhart	Bumpus Middl	NT	_____
7	Dylan Redmond	Simmons Midd	NT	_____

## Event 104 Girls 800 Meter Run

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time	
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## Section 1 of 2 Finals

1	Joy Damron	Oak Mountain	2:42.65	_____
2	Mary Casen Holden	Bumpus Middl	2:44.52	_____
3	Ryan De los santos	Oak Mountain	2:44.72	_____
4	Chloe Stuart	Bumpus Middl	2:46.22	_____
5	Cadence Olson	Oak Mountain	2:46.34	_____
6	Laura Rodgers	Oak Mountain	2:46.89	_____
7	Ayana Sato	Oak Mountain	2:52.97	_____
8	Audrey McFarland	Pizitz	2:57.06	_____
9	Aubrey Greene	Thompson Mid	2:57.11	_____
10	Adley Reneau	Thompson Mid	2:57.23	_____
11	Ava Pharo	Simmons Midd	2:58.16	_____
12	Anabelle Williams	Oak Mountain	2:59.09	_____
13	Addison Pharo	Simmons Midd	3:01.89	_____
14	Isabelle Crawford	Pizitz	3:02.31	_____

**Birmingham Metro South MS Meet 3A 2023 - 3/21/2023****Sponsored by Helena MS****Helena HS Track****Meet Program - Running Events**

<b>Section 2 of 2 Finals...(Event 104 Girls 800 Meter Run)</b>			
1	Ruth Farmer	Pizitz	3:05.34
2	Bailey Cole	Oak Mountain	3:06.03
3	Caroline Williams	Oak Mountain	3:09.28
4	Kate Minor	Simmons Midd	3:09.90
5	Raegan Cottingham	Helena Middl	3:15.24
6	Addison Pearson	Thompson Mid	3:16.93
7	Sally Ferrell	Thompson Mid	3:17.45
8	Addison Zoebelein	Thompson Mid	3:17.90
9	Anna Kate Ferrell	Oak Mountain	3:19.23
10	Maggie Rodgers	Oak Mountain	3:20.35
11	Mckenzie Guin	Thompson Mid	3:23.27
12	Harper Smith	Bumpus Middl	3:28.88
13	Sloane Douglass	Thompson Mid	3:33.97
14	Madeline Sirmon	Helena Middl	3:35.34
15	Avery Allen 7	Pizitz	NT
16	Abbie Jin	Bumpus Middl	NT

**Event 204 Boys 800 Meter Run****Tuesday 3/21/2023 - 4:15 PM**

Lane	Name	School	Seed Time
<b>Section 1 of 4 Finals</b>			
1	Jacob Smitherman	Oak Mountain	2:20.14
2	Ryan Casey	Oak Mountain	2:20.96
3	Wynn Andrews	Pizitz	2:21.29
4	Adam Bullen	Bumpus Middl	2:22.55
5	Shawn Burns	Simmons Midd	2:23.06
6	Campbell Vick	Bumpus Middl	2:23.83
7	Sam Trammell	Oak Mountain	2:24.32
8	Braxton Noe	Oak Mountain	2:25.03
9	Baden Habegger	Bumpus Middl	2:26.35
10	Zachary Joyce	Oak Mountain	2:29.18
11	Reid Wilson	Bumpus Middl	2:29.56
12	Champ Lloyd	Thompson Mid	2:29.88
13	Keigo Engel	Oak Mountain	2:29.96
14	Bobby Ross	Bumpus Middl	2:30.24

<b>Section 2 of 4 Finals</b>			
1	Hazen Combs	Bumpus Middl	2:30.55
2	Collin Metge	Simmons Midd	2:30.67
3	Jesse Criswell	Oak Mountain	2:31.51
4	Campbell Ramirez	Oak Mountain	2:31.67
5	Camp Herndon	Helena Middl	2:34.67
6	Asa Stout	Pizitz	2:36.11
7	Dominic Cattelane	Bumpus Middl	2:36.35
8	Tanner Paganelli	Thompson Mid	2:37.27
9	Eli Williamson	Thompson Mid	2:38.10
10	Lucas Arizimendi	Helena Middl	2:38.71
11	Oliver Griffin	Oak Mountain	2:38.92
12	Christopher Toth	Simmons Midd	2:40.82
13	Alex Casiday	Bumpus Middl	2:43.42
14	Wallace Johnson	Oak Mountain	2:44.37

<b>Section 3 of 4 Finals</b>			
1	Zackary Tracy	Bumpus Middl	2:44.55
2	Holden Naccari	Oak Mountain	2:48.47
3	Benjamin Edwards	Pizitz	2:48.57
4	Anthony Li	Pizitz	2:49.18
5	Cameron Allee	Helena Middl	2:49.82
6	Cole Henderson	Thompson Mid	2:51.25
7	Karl Carlisle	Thompson Mid	2:52.12
8	Jacob Harrison	Simmons Midd	2:52.52
9	Jack Goodman	Helena Middl	2:52.90
10	Griffin Chancey	Thompson Mid	2:53.27
11	Benjamin Kirklin	Pizitz	2:54.38
12	Luke McGraw	Thompson Mid	2:57.05
13	Luke Zarichnak	Simmons Midd	2:57.37
14	Jacob Young	Helena Middl	3:02.25

<b>Section 4 of 4 Finals</b>			
1	Hunter Holecambe	Thompson Mid	3:02.46
2	Kenyon Holifield	Thompson Mid	3:03.01
3	Jackson Sharp	Helena Middl	3:04.83
4	Jackson Cramer	Pizitz	3:10.72
5	Patrick Thomas	Thompson Mid	3:12.65
6	Samuel Hannum	Helena Middl	3:15.68
7	Elijah Coleman	Helena Middl	3:19.59
8	Bennett Gwaltney	Pizitz	3:19.96
9	Liam Tackett	Helena Middl	3:21.37
10	Aaron Davis	Simmons Midd	3:31.20
11	Mikah Yarbrough	Oak Mountain	3:40.22
12	John Bryan Ennis	Pizitz	NT
13	Josh Jeter	Bumpus Middl	NT
14	Elijah Petit	Bumpus Middl	NT
15	Max McCorkle	Pizitz	NT
16	Ty Hunter	Oak Mountain	NT
17	Luke Alexander	Oak Mountain	NT

**Event 102 Girls 200 Meter Dash****Tuesday 3/21/2023 - 4:15 PM**

Lane	Name	School	Seed Time
<b>Section 1 of 9 Finals</b>			
1	Jade Abreu	Oak Mountain	29.36
2	Stevey Gilmore	Bumpus Middl	29.09
3	Londyn Ford	Bumpus Middl	27.61
4	Destiny Udeh	Bumpus Middl	26.03
5	Jacqueline Stone	Bumpus Middl	26.90
6	Amilia Walker	Thompson Mid	28.01
7	Ryleigh Williams	Bumpus Middl	29.21
8	Kariah Jones	Simmons Midd	29.38

## Birmingham Metro South MS Meet 3A 2023 - 3/21/2023

Sponsored by Helena MS

Helena HS Track

## Meet Program - Running Events

## Section 2 of 9 Finals...(Event 102 Girls 200 Meter Dash)

1	Skylar Hightower	Thompson Mid	30.21	_____
2	Cailyn Landrew	Thompson Mid	30.09	_____
3	Jada Morris	Helena Middl	30.04	_____
4	Taniya Burden	Simmons Midd	29.93	_____
5	Chloe Casey	Thompson Mid	29.97	_____
6	Jannah Edwards	Helena Middl	30.06	_____
7	Ashlyn Ardivino	Helena Middl	30.09	_____
8	Brooke Clark	Bumpus Middl	30.43	_____

## Section 3 of 9 Finals

1	Anna Bomar	Simmons Midd	31.15	_____
2	Eden Steele	Helena Middl	31.13	_____
3	Khyli Hill	Thompson Mid	30.72	_____
4	Allie-Brynn Morrow	Oak Mountain	30.56	_____
5	Corrie Bennett	Bumpus Middl	30.68	_____
6	Cailyn Mentzer	Bumpus Middl	30.77	_____
7	Anna Frances Brocato	Bumpus Middl	31.14	_____
8	Christi King	Simmons Midd	31.24	_____

## Section 4 of 9 Finals

1	Isabella Florez	Simmons Midd	31.91	_____
2	Jakayla Allen	Simmons Midd	31.79	_____
3	Madison Mayfield	Thompson Mid	31.66	_____
4	Alexius Moore	Thompson Mid	31.29	_____
5	Jaycee Dandridge	Simmons Midd	31.61	_____
6	Caroline Lundeen	Bumpus Middl	31.78	_____
7	Isabella Marimberga	Thompson Mid	31.81	_____
8	Harper Richey	Oak Mountain	32.15	_____

## Section 5 of 9 Finals

1	Addie Boyer	Oak Mountain	32.68	_____
2	Avery Dru Armstrong	Helena Middl	32.67	_____
3	Mary-Kate Griffice	Helena Middl	32.44	_____
4	Lila Kate Oakley	Bumpus Middl	32.22	_____
5	EllaGrace Dyar	Oak Mountain	32.40	_____
6	Jada Jones	Thompson Mid	32.61	_____
7	Abigail Arnold	Oak Mountain	32.67	_____
8	Amariya Browder	Simmons Midd	32.72	_____

## Section 6 of 9 Finals

1	Alexa Thuo	Simmons Midd	33.58	_____
2	Peyton Piazza	Oak Mountain	33.21	_____
3	Eliza Feild	Pizitz	33.00	_____
4	Miquela Flores	Simmons Midd	32.86	_____
5	Hayden Paschel	Thompson Mid	32.88	_____
6	Amiyah Kelley	Thompson Mid	33.01	_____
7	Raylee Harris	Oak Mountain	33.25	_____
8	Fiona Mallory	Oak Mountain	33.70	_____

## Section 7 of 9 Finals

1	Sarah Kate Skellie	Simmons Midd	34.73	_____
2	Ava Dean	Simmons Midd	34.62	_____
3	Cadence Jordan	Helena Middl	34.36	_____
4	Juliana Mize	Pizitz	34.21	_____
5	Scarlet Mallory	Oak Mountain	34.26	_____
6	McKenzie Crosby	Oak Mountain	34.52	_____
7	Paige Bowman	Simmons Midd	34.72	_____
8	Aliya Davito	Oak Mountain	34.96	_____

## Section 8 of 9 Finals

1	Anna Sophia Vakakes	Helena Middl	37.80	_____
2	Caroline Henry	Oak Mountain	37.06	_____
3	Amelie Marietta-Tondin	Oak Mountain	35.58	_____
4	Eyannah Jenkins	Oak Mountain	35.10	_____
5	Emeline Bodenburg	Oak Mountain	35.21	_____
6	Camila Salado	Simmons Midd	35.64	_____
7	Ruthie Reed	Oak Mountain	37.49	_____
8	Janessa Windham	Oak Mountain	39.35	_____

## Section 9 of 9 Finals

2	Amari Levett	Helena Middl	NT	_____
3	Avery Allen 7	Pizitz	NT	_____
4	Kortni Files	Bumpus Middl	NT	_____
5	Jada Harris	Helena Middl	NT	_____
6	Loreli Rodriguez	Simmons Midd	NT	_____

## Event 202 Boys 200 Meter Dash

Tuesday 3/21/2023 - 4:15 PM

Lane	Name	School	Seed Time
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## Section 1 of 12 Finals

1	Gideon Newton	Bumpus Middl	24.50	_____
2	Judson Harris	Bumpus Middl	24.25	_____
3	Jordan Williams	Bumpus Middl	24.23	_____
4	Paxton Weatherly	Bumpus Middl	24.19	_____
5	Dorian Waluyn	Bumpus Middl	24.21	_____
6	Andrew Renfroe	Bumpus Middl	24.24	_____
7	Cameron McKenzie	Thompson Mid	24.42	_____
8	Tyler Boyd	Bumpus Middl	24.71	_____

## Section 2 of 12 Finals

1	Kylan Baker	Oak Mountain	25.72	_____
2	Askysten Robinson	Bumpus Middl	25.49	_____
3	Noah Allday	Oak Mountain	25.29	_____
4	Christian Watters	Simmons Midd	25.09	_____
5	Garrett Jones	Pizitz	25.13	_____
6	Daniel Richardson	Pizitz	25.42	_____
7	Gavin Lowrey	Thompson Mid	25.51	_____
8	Tyler White	Thompson Mid	25.91	_____



## Birmingham Metro South MS Meet 3A 2023 - 3/21/2023

Sponsored by Helena MS

Helena HS Track

## Meet Program - Running Events

## Section 3 of 12 Finals...(Event 202 Boys 200 Meter Dash)

1	Tayshaun Hunter	Simmons Midd	26.40	_____
2	Spencer Kyle	Pizitz	26.21	_____
3	Jordon Ward	Simmons Midd	26.07	_____
4	Paxton Haley	Oak Mountain	25.92	_____
5	Micah Whittier	Thompson Mid	26.03	_____
6	Clayton Cherry	Oak Mountain	26.08	_____
7	Walker McInnis	Pizitz	26.36	_____
8	Isaiah Kenny	Helena Middl	26.41	_____

## Section 4 of 12 Finals

1	Barrett Nix	Pizitz	26.73	_____
2	Turner Mann	Simmons Midd	26.67	_____
3	John Paul Schultz	Helena Middl	26.63	_____
4	Austin Moore	Helena Middl	26.47	_____
5	Conner Williams	Thompson Mid	26.58	_____
6	Christian Jones	Oak Mountain	26.66	_____
7	Kolby King	Thompson Mid	26.68	_____
8	Jayden Eggleston	Thompson Mid	26.75	_____

## Section 5 of 12 Finals

1	Josiah Watts	Thompson Mid	27.15	_____
2	Makian Stallings	Simmons Midd	27.08	_____
3	Hudson Naile	Simmons Midd	27.00	_____
4	Eli Zannis	Oak Mountain	26.79	_____
5	Connor Howell	Oak Mountain	26.99	_____
6	Khai Coleman	Helena Middl	27.04	_____
7	Patrick Arnold	Pizitz	27.08	_____
8	Darion Moseley	Bumpus Middl	27.29	_____

## Section 6 of 12 Finals

1	Will Harrington	Simmons Midd	28.29	_____
2	Mehkii Billingsley	Thompson Mid	28.06	_____
3	Noah Bailey	Helena Middl	27.85	_____
4	Gavin Wood	Thompson Mid	27.31	_____
5	Austin Bruce	Helena Middl	27.42	_____
6	Justin Clark	Pizitz	27.89	_____
7	Stephon Ryan	Helena Middl	28.17	_____
8	Luke Harper	Pizitz	28.37	_____

## Section 7 of 12 Finals

1	Mills Heard	Pizitz	29.30	_____
2	Holden Naccari	Oak Mountain	29.13	_____
3	Homer Patterson	Simmons Midd	28.66	_____
4	Tristan Mosley	Thompson Mid	28.39	_____
5	Ja'Marion Johnson	Thompson Mid	28.64	_____
6	Waleed Arar	Simmons Midd	29.03	_____
7	Jordan Reedy	Pizitz	29.25	_____
8	Isaiah Slaughter	Oak Mountain	29.63	_____

## Section 8 of 12 Finals

1	Joseph Shephard	Simmons Midd	30.85	_____
2	Elston Dacus	Bumpus Middl	30.36	_____
3	Joey Zabriskie	Pizitz	30.04	_____
4	Conor Farr	Helena Middl	29.84	_____
5	Hobbs Kelly	Oak Mountain	29.86	_____
6	Broden Kelly	Oak Mountain	30.33	_____
7	Chris Peck	Oak Mountain	30.51	_____
8	Tyler Dawson	Thompson Mid	31.02	_____

## Section 9 of 12 Finals

1	Jumari Hollis	Simmons Midd	31.94	_____
2	Durand Yates	Pizitz	31.47	_____
3	William Davis	Helena Middl	31.26	_____
4	Jack Schmotz	Oak Mountain	31.05	_____
5	Keegan Ryel	Oak Mountain	31.14	_____
6	Terrance Woods	Simmons Midd	31.29	_____
7	Ashton Lynn	Simmons Midd	31.65	_____
8	Braylen Biggers	Helena Middl	32.66	_____

## Section 10 of 12 Finals

1	Javon Wairimu	Simmons Midd	35.92	_____
2	Cade Brainard	Oak Mountain	35.31	_____
3	Max McCorkle	Pizitz	34.94	_____
4	Robert Morin	Oak Mountain	33.08	_____
5	Daniel Rutland	Oak Mountain	33.62	_____
6	Eric Epps	Helena Middl	35.14	_____
7	Cayden Hansen	Bumpus Middl	35.80	_____

## Section 11 of 12 Finals

2	Owen Chatterton	Simmons Midd	58.12	_____
3	Chase Lovell	Oak Mountain	46.75	_____
4	Mikah Yarbrough	Oak Mountain	36.54	_____
5	Miller Creed	Simmons Midd	38.73	_____
6	Ethan Lucas	Oak Mountain	49.48	_____

## Section 12 of 12 Finals

2	Timothy Kirkland	Thompson Mid	NT	_____
3	Thatcher Gould	Pizitz	NT	_____
4	Tyrinn Mealing	Thompson Mid	NT	_____
5	Creed Booher	Pizitz	NT	_____
6	Kali Boatman	Bumpus Middl	NT	_____

## Event 116 Girls 4x800 Meter Relay

Tuesday 3/21/2023 - 4:15 PM

Lane	Team	Relay	Seed Time	
<b>Section 1 of 1 Finals</b>				
1	Helena Middl		13:00.00	_____
2	Oak Mountain		NT	_____
3	Pizitz		NT	_____
4	Bumpus Middl		NT	_____
5	Pizitz	B	NT	_____

**Birmingham Metro South MS Meet 3A 2023 - 3/21/2023**

**Sponsored by Helena MS**

**Helena HS Track**

**Meet Program - Running Events**

**Event 216 Boys 4x800 Meter Relay**

**Tuesday 3/21/2023 - 4:15 PM**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Finals</b>			
6	Helena Middl		11:30.00 _____
7	Simmons Midd		NT _____
8	Pizitz		NT _____
9	Oak Mountain		NT _____
10	Bumpus Middl		NT _____
11	Pizitz	B	NT _____
12	Simmons Midd	B	NT _____